

Community Club Coach Workshop

Date: Saturday, October 28, 2017

Location: Pan Am Pool

Time: 9am to 5pm

Facilitator: Michael Reid

Fee: \$100

DESCRIPTION:

This workshop, tailored to the transitioning athlete or parent with limited or basic water polo experience and/or teachers wishing to participate in the MWPA School league program, will give you all of the tools you need to hit the pool deck with confidence as a first-time water polo coach.

Topics covered over the course of 8 to 10 hours (both in-class and in-pool) include:

- Understanding the level of athlete being coached;
- Equipping coaches with the basic tools to plan safe, fun, and effective practices;
- Showing coaches how to teach basic water polo skills in a fun and inclusive way.

WHO SHOULD TAKE THIS WORKSHOP?

This workshop is ideal for the transitioning athlete or parent with limited or basic water polo experience. These coaches typically work with athletes in the FUNdamentals and/or Technical Foundations stages of LTAD who would be competing in community or city leagues. *This course is required for all coaches participating in the MWPA School League program.*



COMMUNITY CLUB COACH TRAINING PATHWAY



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This context does not require Evaluation or Certification.

The Making Ethical Decisions module has been integrated into the workshop.

✓ Please sign me up for the Community Club Coach Workshop

Name: _____

Address: _____

Fee: \$100

Special Notes: If you have a laptop please bring it to the workshop. It is also encouraged that you bring your own lunch to the workshop as there will not be enough time to leave the building for food.

Payment options: Cheque payable to MWPA
 Visa # _____ Expiry (m/y): _____
 MasterCard # _____ Expiry: (m/y) _____

Payments can be sent to:



MWPA
145 Pacific Avenue
Winnipeg, Manitoba
R3B 2Z6

Registration deadline is **October 23, 2017**.

Draft Schedule: (classroom session noted in yellow/pool session noted in pink)

9 to 9:15 – Introduction
9:15 to 9:45 – Setting the Scene
9:45 to 10:15 – Participants and their sport needs
10:15 to 11:00 – Ethical Coaching
15 minute break
11:15 to 11:45 – Equipment and Rules
11:45 to 1:00 – Coaching Session #1
30 minute break
1:30 to 2:00 – Practice planning and sport safety
2:00 to 2:30 – Tasks of the Community Coach
2:30 to 3:00 – Competition Organization
3:00 to 4:15 – Coaching Session #2
4:15 to 5:00 – Wrap up and Evaluation

NOTE: Schedule subject to change