



# MWPA PROVINCIALS

## APRIL 23, 2017 PAN AM POOL

Time	Pool A (main tank)	Pool B (main tank/shallow end)
<b>Sunday, April 23</b>		
10:00 am to 11:00 am	G1A: 12U Co-ed BWPC vs NWPC	
11:00 am to 12:00 pm	G2A: 14U Male BWPC vs NWPC	
12:00 pm to 1:00 pm	G3A: 16U Female NWPC vs BWPC	G1B: 10U Co-ed BWPC vs NWPC
1:00 pm to 2:00 pm	G3A: 16U Male NWPC 1 vs NWPC 2	
2:00 pm to 3:00 pm	G5A: 19U Female BWPC vs NWPC	
3:00 pm to 4:00 pm	G6A: 19U Male BWPC vs NWPC	
4:00 pm to 5:00 pm	G7A: Open Women BWPC 1 vs BWPC 2	
5:00 pm to 6:00 pm	G8A: Open Men BWPC 1 vs BWPC 2	

**\*Medals will be handed out after each game**

## Rules:

All teams must be registered with MWPA thru the WPC event system  
All teams must have a coach (excluding OW and OM)

### 10U

Co-ed  
5v5 including goalie  
Size 2 ball  
Play in shallow end  
15 minute warm up  
4 quarters of 6 minute running time with a 2 minute break between quarters  
5 minute break at halftime

### 12U

Co-ed  
6v6 including goalie  
Size 3 ball  
4 quarters of 6 minute running time with a 2 minute break between quarters  
5 minute break at halftime  
During the last minute of each quarter, the clock will be stopped if a goal is scored  
Teams may change their goalie after the 2nd period. Additional goalie changes are allowed  
Goals may not be scored on a free throw  
Exclusions will be "touch and go"  
Field of play - 20m x 15m  
Each team is allowed two timeouts per game, which can be called at any time during the game when the team is in possession of the ball

### 14U

Gender specific  
6v6 including goalie  
size 4 ball  
4 quarters of 7 minute stop time with a 2 minute interval break between 1st and 2nd quarter, 3 minute halftime break and a 2 minute interval break between the 3rd and 4th quarter  
Players are allowed to shoot off a free-throw outside the 5m and from across centre  
Kick outs - 20 seconds  
Field of play - 25m x 20m  
Each team is allowed two timeouts per game, which can be called at any time during the game when the team is in possession of the ball  
Shot clocks will be used

### 16U & 19U

Gender specific  
7v7 including goalie  
**National Championship League (NCL) Rules apply** [2016-2017 NCL Handbook](#)  
Size 4 ball  
4 quarters of 7 minute stop time with a 2 minute interval break between periods  
Each team is allowed 1 time out per quarter  
Field of play - 25m x 20m  
Shot clocks will be used

### OW & OM

Gender specific  
7v7 including goalie  
Size 4 ball for OW, Size 5 ball for OM  
4 quarters of 7 minute stop time with a 2 minute interval break between periods  
Each team is allowed 1 time out per quarter  
Field of play - 25m x 20m, Shot clocks will be used  
**Exhibition games only**